

David M. Bradley, LMFT Licensed Marriage and Family Therapist (#1186) and Pastoral Counselor Professional Disclosure Statement

The following information is designed to give you information about the counseling process. Please read and sign at the bottom to indicate you have reviewed this information.

ABOUT MY WORK

My practice was founded to provide ministries of counseling, growth, and consultation within the context of a theological perspective. I seek to nurture persons as they grow toward wholeness and well-being. I offer supportive care and counseling for persons experiencing life's problems and pain, and for those desiring to grow emotionally or spiritually. As a pastoral counselor, I rely upon the insights and caring perspectives of faith and the behavioral sciences. I provide: counseling for individuals, couples, and families; consultation for churches, business and other groups; and educational and growth events for a variety of church and community groups.

PROFESSIONAL BACKGROUND AND TRAINING

I received my Master of Marriage and Family Therapy degree from Louisville Presbyterian Theological Seminary in Louisville, Kentucky, in 2004, my Master of Divinity from Columbia Theological Seminary in Decatur, Georgia, in 1995, and my Bachelor of Arts from King College in Bristol, Tennessee, in 1989. I am an ordained Presbyterian minister, having served Presbyterian churches in Georgia and North Carolina over ten years. I belong to the American Association of Marriage and Family Therapists and the American Association of Pastoral Counselors. I am certified as a Licensed Marriage and Family Therapist (#1186) in the state of North Carolina. I completed my pastoral counseling residency from Wake Forest University Baptist Medical Center's CareNet Counseling Centers. Some of my specialty areas include grief and loss, marital and family relationships, anger management, anxiety, and depression.

THE COUNSELING RELATIONSHIP

I believe that pastoral counseling can help you respond creatively and courageously to the difficulties you are facing. Our task together is to establish a safe, confidential atmosphere where these difficulties and your present ways of managing them can be explored. The process of counseling is both one of comfort and challenge. Usually, both comfort and challenge are needed to grow. The outcome of counseling cannot be guaranteed, but your honesty will allow the process to move most rapidly and will increase the likelihood of your having a successful experience. I am respectful of the beliefs and traditions of others and will work with you to achieve mutually agreed upon counseling goals. After assessing your personal concerns, we will decide together if I am the best resource for you. Referrals to other professional or agencies will be made when appropriate.

CONFIDENTIALITY

The information you share with me is strictly confidential and will not be disclosed without your written consent. By law, however, confidentiality is not guaranteed in life-threatening situations involving yourself or others, or in situations where children or elderly are put at risk such as by sexual or physical abuse or neglect.

APPOINTMENTS, FEES AND INSURANCE PAYMENTS

Individual, couple and family sessions are 50 minutes in length. Longer or shorter sessions may be negotiated according to need and available time. The fee is \$100.00 per 50 minute session for individuals and \$115.00 per 50 minute session for couples and families. The first session (an intake session) is \$150.00. If you are unable to keep an appointment, please notify me 24 (twenty-four) hours in advance. If I do not receive such advance notice, you will be responsible for paying for the missed session. Insurance does not pay for missed sessions.

If you have health insurance that includes coverage and you wish to seek reimbursement for my services, you should contact your insurance company to determine whether my services are covered and whether any preauthorization is required. Depending on what your plan requires, I will either provide you a receipt for you to file or file the necessary forms myself. Health insurance companies usually require that I diagnose your mental health condition before they will reimburse for counseling. Any diagnosis made will become a part of your permanent health insurance records, and I will inform you of the diagnosis I plan to render before it is submitted. Your insurance company may request information about your symptoms and progress in counseling before authorizing additional sessions.

PHONE AND EMERGENCY CONTACT

If you need to contact me by phone, do not hesitate to call. If I am not available, you may leave a message on my voice mail. I am usually able to return calls within the day. You will not be charged for phone calls unless it lasts more than 10 minutes.

My office phone number has confidential voicemail. During the week, messages are normally retrieved at the first of the following business day. On weekends or holidays, messages are retrieved daily to assess an emergency need. If you are unable to reach me in an EMERGENCY, contact First Call (211) or go to the emergency room of the nearest hospital.

COMPLAINTS

If at any time you feel you have been treated unfairly or unethically, please let me know. If talking with me does not bring a satisfactory solution to the problem, you have the right to contact the North Carolina Marriage and Family Therapy Licensure Board at P.O. Box 37669, Raleigh, NC 27627, telephone # (919)772-6600.

If you have any questions, please ask them before signing this form. By signing below, you acknowledge that you understand the information above and wish to enter into counseling with David M. Bradley, LMFT.

Client Signature	Date	
Counselor Signature	Date	

